

## WHY CHOOSE

### Keota Health Care Center for Memory Care?

Our program allows the resident to remain active in life by focusing on enhancing and maintaining individual abilities and providing stimulating and interactive programming. We share many activities every day with our residents, each of which is designed to stimulate the mind and lift the spirit. Our goal is that your loved one will find success, meaning and pleasure in every day ... a reason to smile, get dressed, laugh and celebrate.

Our program allows the residents to remain active in life. It's a place where residents will remain calm and engaged while living well with dementia.

The Living Well with Dementia program encompasses five key elements to providing the best possible Specialized Memory Care Facility. Those elements are Life Enrichment, Support Services, Community Setting, Environment and Security.



## Caring Staff *Here for You*

If your loved one is in need of more specialized care due to a dementia, Alzheimer's or related cognitive diagnosis, we can help. Keota Health Care Center offers preadmission consultations to ensure our facility is the most appropriate environment for your loved one. We gladly accept a wide variety of payer sources.

We welcome you to tour Keota Health Care Center at any time. If you would like to schedule an appointment and tour with our admissions staff, please call us at (641) 636-3400.



Follow IA-92 turn left onto Keokuk Washington Rd/County Hwy-V15; 204 N Keokuk Washington Rd is on the right.

**Keota Health Care Center**  
204 N Keokuk Washington Rd  
Keota, IA 52248

**(641) 636-3400**

[www.keotahealthcarecenter.com](http://www.keotahealthcarecenter.com)



## *Living Well With Dementia*

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## Welcome to Our Memory Care Neighborhood



### Life Enrichment

Keota Health Care Center offers life enrichment opportunities that provide meaningful activities and an atmosphere of calm such as:

- *Small Groups*
- *Self-Directed Activities*
- *Program Director & Social Services*
- *"It's Never 2 Late" computer system – addressing the need for assessable engagement to enhance cognitive function, memory and quality of life*
- *Outings & Events*

### Community Setting

Our neighborhood is an extension of home and family that provides a nurturing environment focused on safety and independence of choices including:

- *Semi and Private Rooms*
- *The Community Center*
- *Snoezalen Room*
- *Beat Street Music Shop*
- *Sunshine Daycare*
- *The Keota Bus Stop*
- *Main Street Café*
- *Sun Room*
- *Courtyard*

### Support Services

Our compassionate and expert caregivers get to know the needs of our residents and their abilities. Their skills and training helps them provide 24-hour assistance to our residents. We believe in a holistic approach that provides medical assistance, builds support and friendships and give hope to the residents when they are unable to recall their own story. We also offer the following support services in our neighborhood:

- *Preadmission Consultations*
- *Care Plan Meetings*
- *Respite Care*
- *Companion Rooms to assist with transition process*

### Safe Environment

We offer a safe and secure environment that is designed to meet the needs of your loved one as they are in the most challenging stages of the disease progression. The environment is created to promote resident independence with the ability to explore safely and includes:

- *Secured Community*
- *Enclosed Courtyard*
- *Wander Guard System*
- *Theme Rooms to Provide Engagement*
- *Frequent Rounding*

